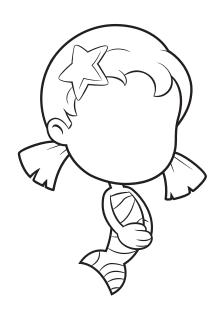
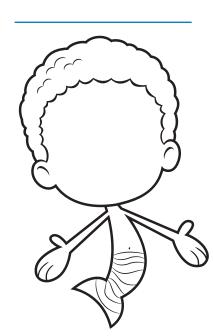
## How Do the • Dubble Guppies Feel Today?

Parents: Choose from the words below to write a different emotion under each Bubble Guppy. Then ask your child to draw expressions on the Bubble Guppies to match each emotion.

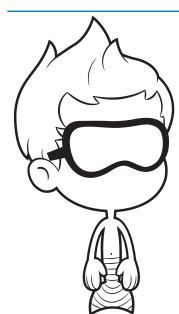












happy sad shy silly

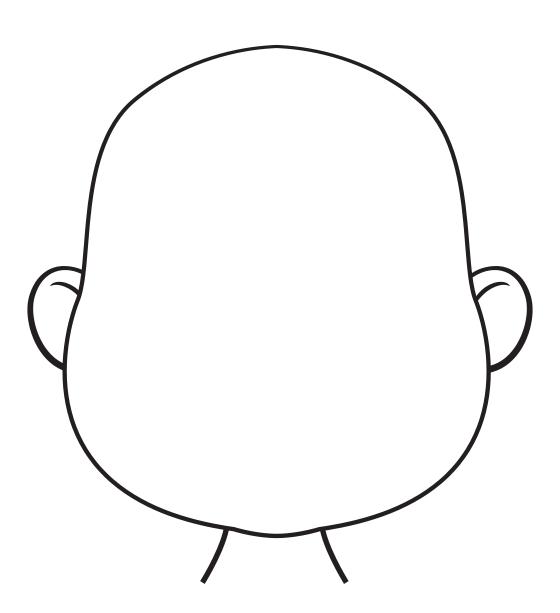
angry su excited

surprised scared embarrassed



## **How Do I Feel Today?**

Draw a picture of how you're feeling and what happened to make you feel this way.



I feel\_\_\_\_\_

